

DEAN T&SC CLUB: COVID 19 – RETURN TO TENNIS PROTOCOL

(Revision: 24th June)

Booking Courts and Tennis Activity

- The courts are available for:
 - **singles tennis;**
 - doubles provided that **each partnership is from the same household**
- Play is not permitted unless your court is booked **prior to arrival** at the Club
- Limit your booking session to one hour
- If you cannot use a booked court, cancel the booking as soon as possible to allow other members to play
- The practice wall may be used provided that the mini-court is not in use. Do not close the gate to Court 4 and be prepared to stand aside when players enter or leave Court 4.

Junior and Child Members

- Children over the age of 14 (Intermediate category) are subject to the same rules as adult members
- Junior and child members may only play with adult supervision
- Junior and child members from separate households may play against each other with supervision from off the court by one parent or a parent of each child who must abide by the social distancing guidelines
- Adult supervision is required even if the junior is playing with a sibling in the Intermediate membership category
- Games involving junior or child members should be booked on Courts 1 or 4 to allow off-court supervision.
- Child members (under 9 y.o.) may use the mini court with a parent who need not be a member of the Club
- Other rules remain as below

Coming to the Club

- Avoid touching the entrance gate. It is possible to open and close gates touching only your key.
- Aim to arrive 5 minutes before your booking time.
- Ensure you maintain a 2 m distance between yourself and other members present
- Be aware of other members using steps or the path and wait for them to allow 2 m distancing
- Do not enter the courts until your court has been vacated
- For access to courts use: steps by the Clubhouse (Court 1); steps on Lennox St bank (Courts 2&3); gate from mini-court (Court 4).

Clubhouse access and general hygiene

- Wash your hands at home before coming to the Club
- Members are advised to bring their own hand sanitising gel
- Hand sanitising gel is available outside the Clubhouse door
- Avoid touching surfaces at the Club such as fences, handrails, gates, benches, etc.
- Use hand sanitiser after your match
- Do not shake hands after the match, remember to remain at a safe distance apart

Tennis balls

Tennis balls are a potential vector for virus transmission

- Players must bring their own balls to the club (no more than 4)
- The balls must have clearly marked to identify ownership
- Players may choose either to use their own balls for their service games or to use a single set of balls
- If 2 sets of balls are in use, do not pick up your opponent's balls and return balls to the server using the racket or foot

- If a single set of balls is used, make sure you avoid touching your face and use hand sanitising gel after you finish your game
- Balls hit from adjacent courts should be returned as soon as practicable using your racket or foot
- Do not chase balls hit from your court onto adjacent courts when they are in use

During the game

Social distancing by 2 m is readily achieved in singles tennis and between partnerships in doubles

- Net height adjustment has been disabled to minimise risk of virus transmission
- Players should consider the option of not changing ends between games
- If you do change ends, do so on opposite sides of the court and maintain your distance from players on the adjacent court
- Do not play on for more than 20 minutes into the buffer period between booking
- Please leave the Club without undue delay after you have finished playing

General

The Tennis Scotland Guidance and these Rules emphasise the aim of minimising the risk of transmitting Covid-19 between members. That can be helped by minimising the numbers present at the Club at any one time.

- In accordance with the Government's guidelines, we ask you to remain at home should you, or anyone you live with, develop the symptoms of Covid-19
- We ask you to play tennis in accordance with these instructions
- Do not use the Club as an opportunity to socialise with other members
- You are advised to use hand sanitising gel after touching shared surfaces such as gates.
- Should you develop the symptoms of Covid-19, you are advised to follow the Scottish Government's 'test and protect' guidelines: <https://www.nhsinform.scot/campaigns/test-and-protect>

These rules will be reviewed throughout the period of restrictions on activities due to the Covid-19 pandemic with particular regard to the restrictions applied by the Scottish Government and advice given by Tennis Scotland