

DEAN T&SC CLUB: COVID 19 – RETURN TO TENNIS PROTOCOL

(Revision: 12th July 2020)

Booking Courts and Tennis Activity

- The courts are available for:
 - **singles tennis;**
 - **doubles** (including players from 4 different households)
- Play is not permitted unless your court is booked **prior to arrival** at the Club
- Limit your booking session to one hour
- If you cannot use a booked court, cancel the booking as soon as possible to allow other members to play
- The practice wall may be used provided that the mini-court is not in use. Do not close the gate to Court 4 and be prepared to stand aside when players enter or leave Court 4.

Junior and Child Members

Note that children under 18 from different households are not required to physically distance between themselves whilst playing tennis. Those under 12 are not required to do so at any time but physical contact should be avoided.

- Children over the age of 14 (Intermediate category) are subject to the same rules as adult members
- Junior and child members (from one or more households) may only play with adult supervision
- If parents from different households are present, they must abide by the physical distancing guidelines
- Adult supervision is required even if the junior is playing with a sibling in the Intermediate membership category
- Games involving junior or child members should be booked on Courts 1 or 4 to facilitate off-court supervision.
- Child members (under 9 y.o.) may use the mini court with a parent who need not be a member of the Club

Coming to the Club

- Avoid touching the entrance gate. It is possible to open and close gates touching only your key.
- Aim to arrive 5 minutes before your booking time.
- Ensure you maintain a 2 m distance between yourself and other members present
- Be aware of other members using steps or the path and wait for them to allow 2 m distancing
- Do not enter the courts until your court has been vacated
- For access to courts use: steps by the Clubhouse (Court 1); steps on Lennox St bank (Courts 2&3); gate from mini-court (Court 4).

Clubhouse access and general hygiene

The Clubhouse will remain closed until further notice

- Wash your hands at home before coming to the Club
- Members are advised to bring their own hand sanitising gel
- Hand sanitising gel is available at the entrances to the courts
- Avoid touching surfaces at the Club such as fences, handrails, gates, benches, etc.
- Use hand sanitiser after your match
- Do not shake hands after the match, remember to remain at a safe distance apart

Tennis balls

Tennis balls are a potential vector for virus transmission

- Balls must be clearly marked to identify ownership
- Avoid touching your face and use hand sanitising gel after you finish your game
- Balls hit from adjacent courts should be returned as soon as practicable using your racket or foot
- Do not chase balls hit from your court onto an adjacent court when that court is in use

During the game

Physical distancing by 2 m is readily achieved in singles tennis and, generally, between partnerships in doubles

- Net height adjustment has been disabled to minimise risk of virus transmission
- Players should consider the option of not changing ends between games
- If you do change ends, be aware of the requirement for physical distancing. In singles, this is readily achieved by changing on opposite sides of the court whilst maintaining your distance from players on the adjacent court. In doubles with players from more than two households extra care is required.
- Doubles playing partners from different households should pay particular attention when balls are played into the centre of the court in order to avoid breaching the physical distancing advice.
- Do not play on for more than 20 minutes into the buffer zone and be prepared to leave the court at least 5 minutes before the next players are due on court
- Please leave the Club without undue delay after you have finished playing

General

The Tennis Scotland Guidance and these Rules emphasise the aim of minimising the risk of transmitting Covid-19 between members. That can be helped by minimising the numbers present at the Club at any one time.

- In accordance with the Government's guidelines, we ask you to remain at home should you, or anyone you live with, develop the symptoms of Covid-19
- We ask you to play tennis in accordance with these instructions
- Do not use the Club as an opportunity to socialise with other members
- You are advised to use hand sanitising gel after touching shared surfaces such as gates.
- Should you develop the symptoms of Covid-19, you are advised to follow the Scottish Government's 'test and protect' guidelines: <https://www.nhsinform.scot/campaigns/test-and-protect>

These rules will be reviewed throughout the period of restrictions on activities due to the Covid-19 pandemic with particular regard to the restrictions applied by the Scottish Government and advice given by Tennis Scotland

