

DEAN T&SC: COVID 19– “Beyond Level 0” Guidance for Squash & Clubhouse Use

General:

- You must wear a **face covering** inside the building except during play or when eating/drinking at a social event
- Use the **hand sanitiser** provided when entering / exiting building
- Do not attend the club if you or a member of your household has developed symptoms or if you are self- isolating.

Book in advance:

- You must book in advance (for both squash and clubroom)
- You must check that you've provided your phone number to the club. This is to ensure we comply with Test and Protect. Do this by logging into <https://membermojo.co.uk/thedeanclub/>, select “Your Membership” at the top, click the “View or Edit” button next to “My details” – check and update your phone number.

Squash:

- Avoid unnecessary touching of any surfaces e.g. do not wipe sweat on the walls
- After play, use the provided spray/wipes to wipe door, light switches and any other surfaces you have touched

Changing Rooms and Toilet Use:

- After getting changed, use spray/wipes provided to wipe down any surfaces you have touched
- Disinfectant spray is provided in both the male and female toilets to be applied to the toilet seat and flush after use
- Handwashing facilities are available in both changing rooms and toilets

Clubroom:

- Use the provided spray/wipes to wipe any surfaces you have touched e.g. gym equipment, table tennis equipment, foosball handles
- Members are requested to prop the emergency exit open whilst using the club room to ensure good ventilation

Scottish Squash Guidance for Players can be found here-

<https://www.scottishsquash.org/wp-content/uploads/2021/08/Beyond-Level-0-Guidance.-Published-10th-August-2021-Version-1.pdf>

These rules will be reviewed throughout the period of restrictions on activities due to the Covid-19 pandemic with particular regard to the restrictions applied by the Scottish Government and advice given by Scottish Squash